

Erica Jacknin, MA, , LPAT ATR-BC  
Licensed Professional Art Therapist, and Registered Yoga Teacher

## Education

<i>Master of Arts in Art Therapy</i> , The George Washington University, Washington DC	1982
<i>Bachelor of Fine Arts</i> , Northern Kentucky University, Highland Heights, KY	1978
<i>Professional Teaching Certificate, Art, K-12</i> , Carlow University, Pittsburgh, PA	2005
<i>RYT 200 Teacher Training</i> , Charm City Yoga, Baltimore, MD	2008
<i>Child Centered therapy in a Family Based System</i> , Ardmore PA	2008

## Professional Certificates, Licenses, Registrations

<i>Licensed Professional Art Therapist</i> , New Mexico	2018
<i>EMDR Basic Training</i> , approved by the EMDR Institute and EMDRIA	2015
<i>Registered Psychotherapist, State of Colorado</i>	2014
<i>Licensed Professional Art Therapist</i> , Commonwealth of Kentucky	2010 - 2015
<i>Registered, Board Certified Art Therapist</i> , American Art Therapy Association, Mundelein, IL	2006 - present
<i>RYT 200</i> , Yoga Alliance, Arlington, Virginia	2008 - present
<i>Professional Educator</i> , Commonwealth of Pennsylvania	2005 - 2011
<i>Professional Educator</i> , State of Florida	2006 - 2011

## Professional Experience

### *Program Director, Trauma and Recovery Centers, Taos, New Mexico* *September, 2019- April, 2020*

- Hired to start an IOP (Intensive Outpatient Program) including marketing for client referrals, finding auxiliary staff, supervising the programs and the non-independent licensed therapists.
- <https://www.taosnews.com/stories/free-your-mind-through-your-body.62068>
- I left the program in April due to having the program going to remote services and not wishing to commute from Corrales to Taos during the pandemic. Also, the program was running and full.

### *EMDR trauma therapist clinician, The Recovery Village at Palmer Lake, Colorado*

*February 2016-June 2018*

- Individual trauma therapy to address the trauma underlying addiction using EMDR, Art Therapy, and somatic based approaches.

### *Private Practice, Mind Body Counseling, Castle Rock and Palmer Lake, Colorado*

*www.mindbodycounseling.net*

*September, 2014-June 2018*

- Individual Psychotherapy with an emphasis on the following modalities: EMDR, Internal Family Systems, Art Therapy and somatic based approaches.

### *Therapist, PRN, UHS (United Health Services) facilities:*

*Highlands Behavioral Health, Littleton, CO. Cedar Springs Hospital, Colorado Springs, Colorado*

*September, 2013-January, 2016*

- Inpatient and Outpatient clinical services in both experiential therapy and social work departments including art therapy, therapeutic yoga, EMDR, psychosocial assessments, discharge planning.

### *Art Therapist, Bowling Green Independent City Schools and Warren County Schools,*

*Bowling Green, Kentucky*

*October, 2008-May,*

*2013*

- BG City Schools: Art Therapy groups and yoga instruction and for at-risk adolescents in the Warren Regional Juvenile Detention Center
- Individual art therapy services as member of IEP team in primary through secondary schools
- Warren Co. Schools: Art therapy services through the ESL department (English as second language) for a diverse population of immigrants and refugees in Bowling Green experiencing culture shock as well as PTSD from experiences in their countries of origin.

**Private Practice, Psychotherapist with specialties in art therapy/therapeutic yoga, Bowling Green, Kentucky**

**September, 2011-May, 2013**

- Integrated cognitive therapies with expressive therapies techniques and mindfulness practices in private sessions with adults' issues such as depression, grief, addictions and attachment issues.
- Child centered expressive arts therapy in a family based system with children/adolescents

**Co-Founder: 4yoga- a community yoga center Bowling Green, Kentucky**      **September, 2011-2019**

- Co-created a thriving yoga community through planning and teaching yoga/meditation classes, organizing special events and maintaining a social media presence
- Ongoing written contributions to monthly newsletter- [www.4yoga.me](http://www.4yoga.me)

**Art Therapist, Children's Aid Society, York, Pennsylvania**      **August, 2006 – May, 2008**

- Re-established the art therapy program of non-profit organization to full capacity after 6 months of it being non-operational
- Individual and family art therapy services to children and families served by Title XX funding

**Art Therapist, Special Needs Unit of the State Correctional Institute of Western Pennsylvania, Pittsburgh, Pennsylvania**      **August, 2000 –August,2004**

- Designed and implemented an expressive arts therapy program in collaboration with music therapist in maximum security penitentiary, including community restitution program

**Interests**

- In depth study and practice of yoga, yoga therapy, meditation
- Outdoor recreation, healthy lifestyle, cooking, and community building

**References available upon request**